



Make handwashing a  
**Healthy Habit**

LIFE IS BETTER WITH  
**CLEAN  
HANDS**

[www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)



The well-being of you, your family, our staff and visitors to **RICHMOND CLINIC** is our top priority.

- If you're not feeling well, have an underlying illness, had to defer your appointment since March 2020, please call 01903-210175 or email: [reception@richmond-clinic.co.uk](mailto:reception@richmond-clinic.co.uk) to arrange your next appointment. Patients not seen over 3 months will undergo a short assessment prior to treatment
- We advise ALL patients young and our senior citizens to **wear a mask** whilst in the practice
- If you have a high temperature, dry persistent cough, shortness of breath or fatigue - self isolate for 7-14 days. Keep hydrated, get plenty of rest, let us know to defer your appointment to a later date
- Been abroad or been in contact with someone who has Covid-19 - self isolate 14 days. Call 111 or your GP if your symptoms persist
- We are open for consultations and treatment ensuring staggered appointments. Our reception area is closed-to limit contact with others. One patient at front desk to minimize contact with others.
- Please arrive on time and wait at the front door to be called in
- When you enter the premises, you sign-in-sheet at the desk, your temperature is taken and recorded, make payment, arrange your appointment, sanitize hands before going in for treatment and after
- We're sanitizing our workspace and high touch areas throughout the day
- If you get driven to your appointment- have your driver wait in the car.
- Our PPE's are in place both front desk and clinicians wearing sterilized masks, gloves, and aprons as necessary. Our clinicians change gloves after each patient. Our couches and equipment are sanitized after each patient
- We'll ask you to sanitize your hands before checking in and leaving
- If you have a question, need simple advise call us 01903-210175 we're here to help Call us for a friendly chat if you feel lonely and isolated

YOUR HEALTH  
**MATTERS**